

Made in EU	Intrastat: 1207.99.91
Colour & appearance	Grayish-brown germinated seeds
Flavour & odour	Slight nutty flavour and odour with fresh grassy aftertaste
Purity	Seed cleaned to 99% purity
Food use	Raw, edible food ingredient
Packaging	20 kg bag, various private label containers
Shelf life	18 months from the date of manufacture in un-opened container
Storage	Keep stored in a dry place less <20 °C away from heat or sunlight.
Accreditations	Available as EU BIO/ORGANIC

Quality aspects	
Moisture	7-10%
Standard Plate Count	<300,000 cfu/g
Total Coliforms	<1000 cfu/g
Yeast & Mold	<1000 cfu/g
E. coli	Negative (<10 cfu/g)
Salmonella	Negative in 25g
Free fatty acids	< 2% as Oleic Acid
Peroxide value	< 2 mmol O/kg
Gluten	< 20 ppm
Allergens	Allergen free - as per 2003/89/EC, Annex III a)
Contaminants	As per 2006/1881/EC and 2011/835/EC
THC	< 5 mg/kg

Special nutritional features	
Diglycerides	Up to 15% of the fat content

Nutrition declaration	unit	per 100 g	% of DRI* / 100 g
Energy	kCal/kJ	473/1952	23.7%
Total Fat of which	g	34.2	48.8%
-saturates	g	3.0	14.9%
-mono-unsaturates	g	3.7	
-polyunsaturates of which	g	26.9	
Carbohydrate of which	g	0.5	0.2%
-sugars	g	0.5	0.6%
-starch	g	0.0	
Fibre of which	g	33.7	134.8%
-soluble	g	2.0	
-insoluble	g	31.7	
Protein	g	24.1	48.2%
Salt	g	0.02	0.3%
Vitamin E (total T + T3)	mg	48.0	400.0%

Additional information on Omega profile			
-Omega-6 of which	g	20.3	
-LA	g	18.9	189.0%
-GLA	g	1.3	
-Omega-3 of which	g	6.6	
-ALA	g	6.2	310.0%
-SDA	g	0.4	

LEGEND. Treshold values as per 100g serving.

	HIGH (NUTRIENT)
	SOURCE OF (NUTRIENT)
	LOW (NUTRIENT)

\* Daily Reference Intakes are as per (EC) 1169/2011, Annex XIII for 2000 calorie diet.  
 ++ May contain naturally occurring Sodium 6.5 mg/100 g.

## Product description

Take advantage of this unique complex of nutrients. Hemp seeds were germinated under reductive condition to save oxidation of the oil content of the product. During the germination Vitamin-E synthesis was enhanced.

Eat as it is or add to your salads. A 30 g handful of the germinated seeds will provide 40% DRI of dietary fibre, 13% DRI of enzymatically pre-digested protein, 10% DVR of Vitamin E and 2 grams of ALA fatty acid.

Up to 15% of total fat has been transformed to di-glyceride (DAG) form, which has a different metabolism in human body. DAG does not tend to deposit into the adipose tissues.

The perfect nutty taste with fresh grassy after-taste will make you take another handful soon after.

**Enjoy the upgraded hemp goodness!**

## Applicable claims

**High:** Fibre, Protein, Vitamin E

**Source of:** LA, ALA

**Low:** Sugar, Very Low Sodium/Salt